

Cold Therapy

The Kodiak fuses the rock-solid dependability patients demand into a compact, lightweight system that is remarkably quiet and exceptionally easy to use. By integrating an improved filtration system with a robust motor, Kodiak provides excellent system performance, best-in-class quality, and an enhanced patient experience.



Your physician has prescribed a Cold Therapy Unit for your post-operative care. This item is not mandatory for your recovery, however, it is recommended. The use of cold therapy has long been known as a valuable adjunct following surgery to the musculoskeletal system.

Some of the benefits include:

- Reduced post-op pain
- Reduced swelling
- Earlier range of motion
- Decreased need for pain medications

Since the incorporation of immediate cold therapy into our post-operative protocol, pain reported by patients has been significantly reduced, thereby allowing many in-patient procedures to be performed on an outpatient basis.

Unfortunately, this item is not covered by insurance. It is deemed as not medically necessary. The up front cost of the cold therapy unit is \$210.00. This device is not mandatory. If you are interested in purchasing this item or would like to know more, please call 415.506.8279.

Please follow the icing protocol given to you post-operatively by your physician. Care should be taken when variable temperature controls are available.